

KERNEL ESSAY

What do I do First?

Once you have completed your Quicklist #3, choose **TWO** of the memories you've written down.

Think of each memory clearly in your mind. Write a kernel essay for each memory.

How do I Write a Kernel Essay?

Answer the following questions in **ONE SENTENCE ONLY** for each memory.

1. Where were you?
2. What happened first?
3. What happened next?
4. What happened last?
5. What did you learn from this experience?

When you've answered each question, you've written a kernel essay!

Example:

A time when you felt invisible: *when my teacher didn't see me raise my hand and I accidentally peed my pants!*

1. I was 5 years old, sitting in my kindergarten classroom.
2. We had just got back from lunch, and I had a lot of water to drink.
3. I kept raising my hand to ask my teacher to go to the restroom, but she didn't see me.
4. I couldn't hold it anymore, and I peed my pants.
5. I learned that if you have an emergency, you should let someone know no matter what!